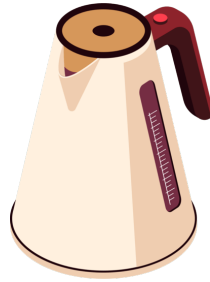


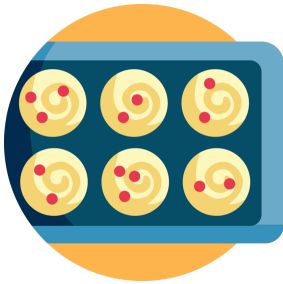
frying



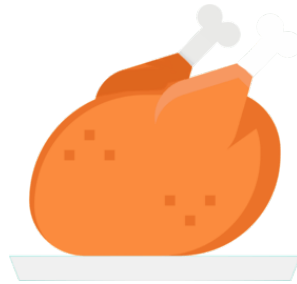
boiling



grilling



baking



roasting



poaching



steaming

blanching