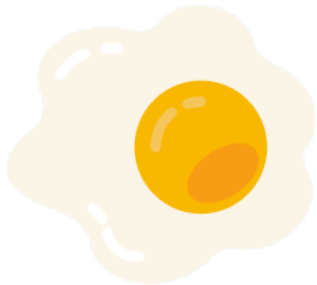


[yahaaa.com/s/05832277](https://yahaaa.com/s/05832277)



protein

recipe



remove

source



rather



uncomfortable